



Introduction

As we approach the end of the year, it's a natural time to pause, reflect, and evaluate how we're doing—both individually and as a team. This week we'll look back at the safety lessons we've learned, the habits we've strengthened, and the areas where we can continue to improve. Reflection helps us understand what's working well and what needs more attention so we can start the new year safer, more aware, and more committed to each other's wellbeing.

Monday – Looking Back at Our Wins

Theme: Recognizing what we did well

Throughout the year, there were many moments when safe choices prevented injuries, protected our coworkers, or helped us correct hazards before they caused harm. These successes matter—they show our growth, our teamwork, and our commitment to safety.

Examples of wins:

- Reporting hazards before someone got hurt
- Speaking up when conditions didn't feel right
- Helping a teammate follow proper procedures
- Learning from near misses instead of ignoring them
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Questions to Consider:

- What safety habits improved the most this year?
- What safe choices are you most proud of?

Tuesday – Lessons Learned

Theme: What we learned from incidents, near misses, and close calls

Every year brings opportunities to learn. Whether it was an injury, a close call, or something that simply didn't go as planned, these moments teach us where our systems can be strengthened.

Key reminders:

- Mistakes are information
- Near misses are warnings
- Reflection leads to improvement, not blame

Questions to Consider:

- What events this year taught us the most?
- How did we respond, and what did we learn?



Wednesday – Habits That Help (and Hurt)

Theme: Daily behaviors shape our safety culture

Safe workplaces don't happen from rules alone—they come from everyday habits and decisions. As the year ends, it's important to evaluate which habits support safety and which ones drift us toward risk.

Helpful habits:

- Taking time to do tasks correctly
- Planning before beginning work
- Asking for help when something feels unsafe

Risky habits:

- Rushing
- Skipping steps “just this once”
- Not speaking up about concerns

Questions to Consider:

- Which safety habits strengthened this year?
- Which habits do we want to leave behind?

Thursday – Our Role in Each Other's Safety

Theme: Safety is a team effort

We all play a role in keeping the workplace safe. Year-end is an ideal time to recognize how much we rely on each other—whether it's checking equipment, giving reminders, reporting hazards, or simply looking out for one another.

Key reminders:

- Everyone has a voice in safety
- Supporting teammates strengthens our culture
- Shared responsibility reduces risk for all

Questions to Consider:

- How did you help someone stay safe this year?
- How did a coworker help you stay safe?



Weekly Safety Briefings

Week 49 – Monday, December 1 – Friday, December 5

Year-End Safety Reflection

Friday – Looking Ahead: Setting Safety Intentions for the New Year

Theme: Starting next year stronger

Reflection isn't just about looking back—it prepares us to move forward with clearer priorities. The new year is a perfect time to renew our commitment to staying alert, speaking up, and practicing safe behaviors consistently.

Questions to Consider:

- What safety goals do you want to focus on next year?
- What can we do as a team to strengthen our safety culture?
- What one thing can you personally commit to improving?

Key Takeaway:

A strong safety culture grows year after year. Reflecting now helps us launch into the new year with renewed awareness, safer habits, and a shared commitment to protecting one another.